

MARCH 2023



Warrington YOUTH FOR CHRIST

MISSION WEEK & FUSE



Steve
Murphy **Director**

We believe that God cares about young peoples' mental health, and that faith in Jesus can be a huge benefit to their wellbeing. During Children's Mental Health Week 2023, we wanted to share this with the young people of Warrington. Our director Steve shares how it went...

"For Children's Mental Health Week, we joined forces with 'The Champion Tour' to deliver mental health and wellbeing awareness to over 3000 students in our local high schools across Warrington.

The mission week highlighted how good mental health and wellbeing can be maintained by positive lifestyle choices, in addition to techniques that aid the reduction of stress and how we can look after ourselves when pressures that come our way when life gets challenging.

The sessions also emphasised how faith in Jesus can have a massive benefit on our mental health and wellbeing. Team members took the opportunity to share their personal faith in Christ and how He values and loves us. How he helps us to realise our inner 'Champion' - not someone who never struggles or has tough times, but someone who can overcome anything that comes their way!

The week ended with a concert at Warrington Youth Zone that saw hundreds of young people attend. Not only that, but after gospel singer Ni-Cola shared her faith and the story of the lost sheep, over 40 young people responded to the gospel message. We had the wonderful opportunity to talk with them, pray with them, and give them New Testaments, and direct them into follow-up discipleship groups.

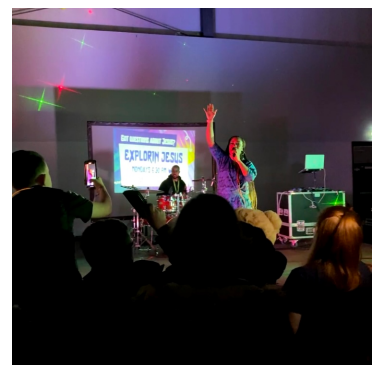
After three years away from putting on big events like this, it was wonderful to be back and to see how God moved in the lives of many young people in our town!"

"They talked about mental health but also made it fun, which was a way to make us enjoy ourselves whilst learning still."

- Young person

"I enjoyed learning about mental health from another person's perspective. The songs were a good way to spread that message"

- Young person



ACADEMY

In February, we had a wonderful training day with the Youth for Christ Academy, where we explored together what it means to share our faith - what some of the barriers are to evangelism, and also what helps us to share our faith with the people around us.

As we look forward to the Academy Easter Residential this month, we are excited to see how these young people are growing and stepping out in faith to follow Jesus in their day-to-day lives. If you know of any young people who might be interested in joining the Academy, then do get in touch!

PRAYER POINTS

1. Please pray for thousands of young people who took part in these sessions - that they would be reminded how much God cares for them and their mental health.
2. Pray for the 40 young people who responded and showed an interest in knowing Jesus for themselves. Pray that they would be supported in their discipleship and would experience God in their everyday lives.
3. Please pray for our Academy's Easter Residential at the end of this month - that the young people there would have fun, grow their friendships with one another, and deepen their relationship with God.

Contact us: office@warrington.yfc.co.uk